

# MANUP 101

*What and Why : Part 1 of 2 : MANUP.co*

***MANUP is a community of men  
connecting with GOD and other MEN.***

## **1. We teach the Bible to men.**

**We Believe:** The Bible is God's truth about life.

### **2 Timothy 3:16-17**

All scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

### **Hebrews 4:12**

For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.

### **Psalms 119:105**

Your word is a lamp to guide my feet and a light for my path.

**Q:** Is the Bible your guide book for life's decisions?

## **2. We share our lives at the table.**

**We Believe:** God created every man to live in community with others.

**Genesis 2:18**

God said, "It is not good for man to be alone."

**Ephesians 4:16**

He {Jesus} makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.

**Galatians 6:2**

Share each other's burdens.

**1 Thessalonians 5:11**

Encourage each other and build each other up.

**John 15:12**

Jesus said, "Love each other in the same way I have loved you."

**Q:** Are you sharing life with the men at your table?

### **3. We invite other men to join us.**

**We Believe:** God created every man to be in a relationship with him.

**2 Peter 3:9**

God isn't willing that any should perish, but that all should come to repentance.

**Acts 1:8**

Jesus said, "But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere..."

**Luke 14:23**

"Go out to the highways and hedges and compel people to come in, that my house may be filled."

**Q:** Who are you inviting?